

Sunday, January 10 Sunday after Theophany

First Antiphon: When Israel came forth from Egypt, * the house of Jacob from a people of alien tongue.

Through the prayers of the mother of God, O Saviour save us.

Judah became his sanctuary, * Israel his domain.

Through the prayers of the mother of God, O Saviour save us.

The sea beheld and fled, * Jordan turned back.

Through the prayers of the mother of God, O Saviour save us.

Why is it, O sea, that you flee? * O Jordan, that you turn back?

Through the prayers of the mother of God, O Saviour save us.

Glory be... now and forever...: Only Begotten Son...

Third Antiphon: Regular 3rd Antiphon but with the following response:

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia!

Sunday Tropar, tone 7: By Your cross You destroyed death; * You opened Paradise to the thief; * You changed the lamentation of the myrrh-bearers to joy, * and charged the apostles to proclaim* that You are risen, O Christ, our God, * offering great mercy to the world.

Festive Tropar, tone 1: At your baptism in the Jordan, O Lord, * worship of the Trinity was revealed; * for the Father's voice bore witness to You, calling You his beloved Son, * and the Spirit in the form of a dove confirmed the truth of these words. * O Christ God, who appeared and enlightened the world, * glory be to You!

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

Festive Kondak, tone 4: Today You have revealed Yourself to the universe, * and Your light O Lord has shone upon us* who spiritually sing to You: * You have come and revealed yourself, O inaccessible light.

Prokimen, tone 1: Let Your mercy, O Lord, be upon us, * as we have hoped in You.

Verse: Rejoice in the Lord, O you just; * praise befits the righteous.

Epistle: Ephesians 4: 7 - 13

Brothers and Sisters! Each of us has received God's favor in the measure in which Christ bestows it. Thus, you find Scripture saying: "When he ascended on high, he took a host of captives and gave gifts to men." "He ascended," what does this mean but that he had first descended into the lower regions of the earth? He who descended is the very one who ascended high above the heavens, that he might fill all men with his gifts. It is he who gave apostles, prophets, evangelists, pastors and teachers in roles of service for the faithful to build up the body of Christ, till we become one in faith and in the knowledge of God's Son, and form that perfect man who is Christ come to full stature.

Alleluia Verses: God gives me vindication, * and has subdued peoples under me.

Making great the salvation of the king, * and showing mercy to His anointed, David, and to His posterity forever.

Gospel: Matthew 4: 12 - 17

At that time when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went down to live in Capernaum by the sea near the territory of Zebulun and Naphtali, to fulfill what had been said through Isaiah the prophet: "Land of Zebulun, land of Naphtali along the sea beyond the Jordan, heathen Galilee: A people living in darkness has seen a great light. On those who inhabit a land overshadowed by death, light has arisen." From that time on Jesus began to proclaim this theme: "Reform your lives! The kingdom of heaven is at hand."

Instead of 'It is truly right...': O my soul, glorify Christ the King * baptized in the River Jordan. * No tongue has the power * to fittingly extol you; * and even a supernatural mind * is powerless to glorify you, O Mother of God. * But in your graciousness, accept our faith * because you know our holy ambition; * for you are the protectress of Christians, * and we extol you.

Communion Hymn: The grace of God has appeared, * offering salvation to all.

Praise the Lord from the heavens, * praise Him in the highest. * Alleluia! Alleluia! Alleluia!