

## Sunday, February 28 Second Sunday of Lent

**Sunday Tropar, tone 6:** Angelic powers were upon Your tomb\* and the guards became like dead men; \* Mary stood before Your tomb seeking Your most pure body. \* You captured Hades without being overcome by it. \* You met the Virgin and granted life. \* O Lord, risen from the dead, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

**Kondak of the second Sunday of Lent, tone 4:** Now is the proper time for cultivating virtue; \* judgment is at the door. \* And so let us fast; \* let us show tears of remorse and bring alms; \* let us cry out: \* “Our sins are more numerous than the sands of the seas. \* Forgive us, Creator of all, \* that we may obtain crowns of incorruption.

**Prokimen, tone 5:** You, O Lord, will guard us and will keep us from this generation, and forever.  
*Verse:* Save us, Lord, there are no devout men left.

**Epistle:** Hebrews 1:10 - 2:3  
Lord of old you established the earth, and the heavens are the work of your hands. They will perish, but you remain; all of them will grow old like a garment. You will roll them up like a cloak, like a garment they will be changed. But you are the same, and your years will have no end. To which of the angels has God even said, “Sit at my right hand till I make your enemies your footstool?” Are they not all ministering spirits, sent to serve those who are to inherit salvation? In view of this, we must attend all the more to what we have heard, lest we drift away. For if the word spoken through angels stood unchanged, and all transgression and disobedience received its due punishment, how shall we escape if we ignore a salvation as great as ours? Announced first by the Lord, it was confirmed to us by those who had heard him.

**Alleluia Verses:** He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.  
He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

**Gospel:** Mark 2: 1 - 12

At that time when Jesus came to Capernaum after a lapse of several days and word got around that he was at home. At that they began to gather in great numbers. There was no longer any room for them, even around the door. While he was delivering God’s word to them, some people arrived bringing a paralyzed man to him. The four who carried him were unable to bring him to Jesus because of the crowd, so they began to open up the roof over the spot where Jesus was. When they had made a hole, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralyzed man, “My son, your sins are forgiven.” Now some of the scribes were sitting there asking themselves: “Why does the man talk in that way? He commits blasphemy! Who can forgive sins except God alone?” Jesus was immediately aware of their reasoning, though they kept it to themselves, and he said to them: “Why do you harbor these thoughts? Which is easier to say to the paralytic, ‘Your sins are forgiven, or to say, ‘Stand up, pick up your mat, and walk again.’? That you may know that the Son of Man has authority on earth to forgive sins” (he said to the paralyzed man), “I command you: Stand up! Pick up your mat and go home.” The man stood and picked up his mat and went outside in the sight of everyone. They were awestruck; all gave praise to God saying, “We have never seen anything like this!”

**Instead of 'It is truly right':** In you, \* Lady full of grace, \* all creation rejoices, \* the world of angels \* and the human race. \* Sanctified temple, spiritual paradise, \* boast of virgins, \* God\* took flesh from you \* and became a child; \* He was God \* before \* the ages. \* He made your womb \* a throne \* and made it \* more encompassing \* than the heavens. \* In you, \* Lady full of grace, \* all creation rejoices, \* glory be to you.

**Communion Hymn:** Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!