

Sunday, June 6

Feast of the Holy Eucharist

First Antiphon: The Lord is my shepherd, I shall not want. In verdant pastures he gives me repose.

Through the prayers of the Mother of God, O Savior, save us.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Through the prayers of the Mother of God, O Savior, save us.

You spread the table before me in the sight of my foes.

Through the prayers of the Mother of God, O Savior, save us.

Glory be... now and forever...: Only Begotten Son...

Third Antiphon: When I call, answer me, O my just God.

Tropar, tone 4: Your memorial sacrifice, Christ our God, * became a festive day for the world. * For fishermen were taught by you * to offer you the unbloody sacrifice with bread and wine, * to recall your divine memorial act * which we celebrate; proclaiming: * O Lord, glory be to you.

Offer just sacrifices, and trust in the Lord.

Your memorial sacrifice...

You put gladness into my heart, more than when grain and wine abound.

Your memorial sacrifice...

At the Little Entrance: I will offer you a sacrifice of praise; I will call upon the name of the Lord.

Your memorial sacrifice...

Glory be to the Father, and to the Son and to the Holy Spirit; now and forever and ever. Amen!

Kondak, tone 4: Behold, Christ becomes present as food for all. * Come let us prostrate ourselves in worship of Christ, our God, * hidden in these Mysteries * and let us cry out in humility: * "Lord, do not destroy us sinners by fire when we communicate, * but burn our sins and purify our souls.

Prokimen, tone 4: I will feed them with the best of wheat, and with honey from the rock I will fill them.

Verse: Sing joyfully to God our strength.

Epistle: 1st Corinthians 11: 23-32

Brothers and Sisters: I received from the Lord what I handed on to you, namely, that the Lord Jesus on the night in which he was betrayed took bread, and after he had given thanks, broke it and said, "This is my body, which is for you. Do this in remembrance of me." In the same way, after the supper, he took the cup, saying, "This cup is the new covenant in my blood. Do this whenever you drink it, in remembrance of me." Every time, then, you eat this bread and drink this cup, you proclaim the death of the Lord until he comes! This means that whoever eats the bread or drinks the cup of the Lord unworthily sins against the body and blood of the Lord. A man should examine himself first; only then should he eat of the bread and drink of the cup. He who eats and drinks without recognizing the body eats and drinks a judgment on himself. That is why many among you are sick and infirm, and why so many are dying. If we were to examine ourselves, we would not be falling under judgment in this way; but since it is the Lord who judges us, he chastens us to keep us from being condemned with the rest of the world.

Alleluia Verses: The eyes of all look hopefully to you, and you give them their food in due season. You open your hand and satisfy the desire of every living thing.

Gospel: John 6: 48-54

The Lord said: "I am the bread of life. Your ancestors ate manna in the desert, but they died. This is the bread that comes down from heaven for a man to eat and never die. I myself am the living bread come down from heaven. If anyone eats this bread he shall live forever; the bread I will give is my flesh, for the life of the world." At this the Jews quarreled among themselves, saying, "How can he give us his flesh to eat?" Thereupon Jesus said to them: "Let me solemnly assure you, if you do not eat the flesh of the Son of Man and drink his blood, you have no life in you. He who feeds on my flesh and drinks my blood has life eternal, and I will raise him on the last day."

Instead of 'It is truly right': My soul, extol the Lord, * who gave his flesh as mystical food. * My soul, extol Christ our God, * who gave his flesh for man's salvation. * You are all desire. You are all delight, * word of God, son of the Virgin, * Lord, the God of gods, * you are the holiest of the holy. * For this we extol you * with her who bore you.

Communion Hymn: “Whoever feeds on my flesh and drinks my blood remains in me, and I in him, said the Lord.” Alleluia! Alleluia! Alleluia!